

**AVAILABLE 7 AM – 2 PM DAILY**

*Welcome to*

# *The Blue Flame*

*Since 1956*

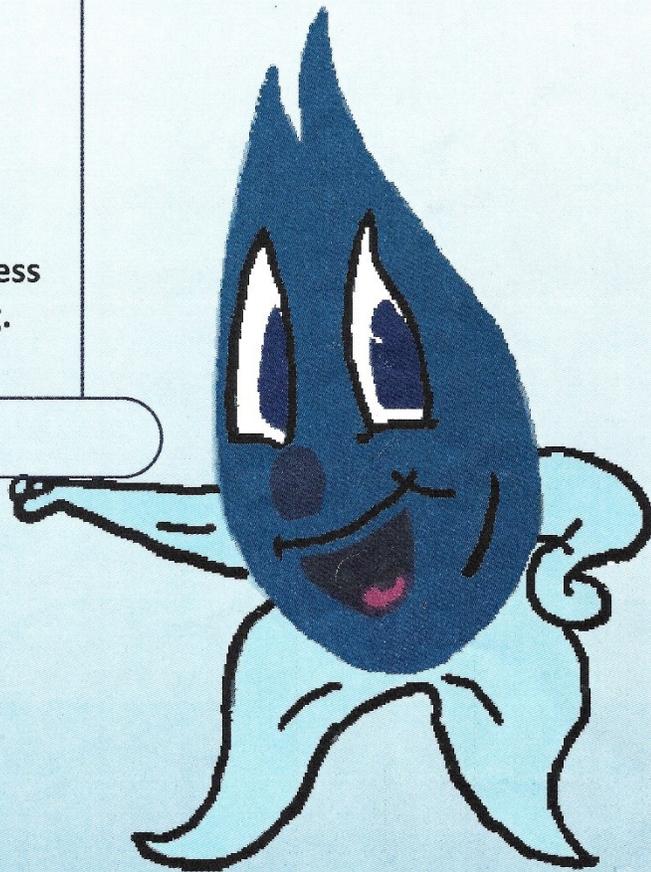
*1360 Route 51 South  
Jefferson Hills, PA 15025  
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## **PRIVATE PARTIES**

Business Meetings  
Communions  
Confirmations  
Rehearsal Dinners  
Baby Showers  
Bridal Showers  
Funeral Luncheons

Available during business  
hours or any evening.

**BREAKFAST  
SERVED  
ANYTIME**



# BREAKFAST

Served anytime

## BREAKFAST SANDWICHES

**\*EGG BAGEL SANDWICH:** with cheese \$4.05

Add bacon, ham or sausage \$6.59

**\*HEARTY BREAKFAST WRAP:** Three scrambled eggs, meat, cheese & shredded hash browns rolled together in a wrap \$8.50

## OMELETTES

Includes choice of potato and toast

(Hash brown patty, shredded hash browns, or home fries)

**\*CREATE YOUR OWN OMELETTE** ----- \$7.80

Made with three large eggs

Filling choices: ----- \$0.90 each

American, Swiss, provolone, cheddar, pepper-jack, mushrooms, tomato, green pepper, shredded potatoes, spinach, onion, and broccoli

Meat choices: ----- \$1.10 each

diced ham, sausage, bacon

Steak-----\$2.00

## LIGHTER APPETITES

**BOWL OF MIXED FRUIT** \$3.19

**OATMEAL:** cooked fresh \$3.29

**COLD CEREAL:** with milk \$2.79

**\*ONE EGG AND TOAST** \$3.00

**\*TWO EGGS AND TOAST** \$4.15

**\*3 EGG OMELETTE:** plain, with toast \$5.50

### SUBSTITUTIONS:

Egg beaters® are available for an additional 50¢ per egg.

Additional regular eggs are 90¢ per egg with any egg order.

## SPECIALS

**\*PANCAKE SANDWICH:** Two eggs served between two buttermilk pancakes \$5.89

**BISCUITS & GRAVY:** Two buttermilk biscuits served with fresh sausage gravy \$7.50

**BELGIAN WAFFLE, PLAIN:** Served with powdered sugar \$6.70

**BELGIAN WAFFLE:** Served with choice of chocolate, cinnamon or peanut butter chips \$7.80

**BELGIAN WAFFLE PLUS:** Served with your choice of strawberries, bananas, blueberries, or hot cinnamon apples, topped with whipped cream \$8.39

### \*Flame's Original Breakfast

Two eggs, bacon or sausage, home fries or hash brown, & toast.

\$6.50

### Weekday Special

Monday - Friday from 6 AM - 11 AM

\$5.40

## COMBOS

**\*LARGE COUNTRY COMBO:** Two pancakes, two eggs, bacon or sausage \$8.19

**\*WAFFLE COMBO:** Belgian waffle, two eggs, bacon or sausage \$8.39

**\*FRENCH TOAST COMBO:** Two slices of Texas French toast, two eggs, bacon or sausage \$7.99

**\*STEAK & EGGS:** 12-oz Steak with two eggs, any style with toast \$17.30

# MORE BREAKFAST

Served anytime

## FRENCH TOAST

**TEXAS FRENCH TOAST:** Three whole slices with powdered sugar \$5.99

**RAISIN FRENCH TOAST:** Three whole slices of raisin bread \$6.59

**SOUR DOUGH FRENCH TOAST:** Three whole slices of sour dough bread \$7.15

**STUFFED FRENCH TOAST:** Two whole slices, stuffed with choice of strawberry or cinnamon cream cheese, topped with strawberries and whipped cream \$7.15

**PEACH BERRY FRENCH TOAST:** Two whole slices covered with peaches and blueberries, topped with whipped cream \$7.15

## HOT CAKES

**PANCAKES:** Three buttermilk cakes \$5.79

**BUCKWHEAT PANCAKES** \$6.80

**BLUEBERRY PANCAKES:** Three buttermilk cakes with blueberries baked inside \$7.00

**STRAWBERRY BANANA CAKES:** Three buttermilk cakes covered with strawberries and bananas \$7.25

**APPLE PANCAKES:** Two large pancakes wrapped around hot cinnamon apples \$7.00

**BANANA NUT PANCAKES:** Three large cakes with banana & walnuts baked inside \$7.99

**PEANUT BUTTER CHIP PANCAKES** \$7.00

**CINNAMON CHIP PANCAKES** \$7.00

**CHOCOLATE CHIP PANCAKES:** Three large cakes with chocolate chips baked inside \$7.00

## EGGS

**\*VEGETARIAN SCRAMBLER:** Three fresh eggs scrambled with tomato, green pepper, onion, and potatoes \$8.69

**\*EGGS BENEDICT:** English muffin topped with poached eggs, ham & hollandaise sauce \$10.50

**\*LOW CARB BREAKFAST:** Three eggs with bacon and sausage \$9.45

 **EGG BEATERS, FRUIT & TOAST** \$8.15

## SIDES

**TOAST OR ENGLISH MUFFIN** \$1.49

**TOAST – SPECIALTY BREADS:**  
Marble rye, sourdough, raisin \$2.69

**BAGEL WITH BUTTER AND JELLY** \$1.89

**BAGEL WITH CREAM CHEESE** \$2.29

**HASH BROWN PATTY** \$2.69

**SHREDDED HASH BROWNS** \$2.69

**POTATO CAKES** \$2.69

**HOME-FRIED POTATOES** \$2.69

**BACON** \$3.85

**SAUSAGE** \$3.49

**HAM** \$3.49

\*All weights are pre-cooked.

**\*CONSUMER ADVISORY:** Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food borne illness. Unless you specifically request otherwise, we will cook all food to the generally accepted minimum temperatures as specified by the US Food & Drug Administration

## FRESH SELECTS SOUP / SALAD / WRAPS

Soup du Jour: Ask your server for today's selections  
\$2.49 cup / \$2.99 bowl

 Char-Grilled Steak Salad: Garden salad topped with fries, grilled steak, and cheese \$11.35

 Grilled Chicken Salad: Garden salad topped with fries, grilled chicken, and cheese \$11.00

 Chicken Tender Salad: Garden salad topped with fries, chicken tenders, and cheese \$11.25

 Grilled Cajun Chicken Salad: Garden salad topped with fries, Cajun grilled chicken, and cheese \$11.00

Chef Salad: Garden salad topped with turkey, ham, cheese, and hard-boiled eggs \$7.90

Side Salad: House Garden salad \$2.79

Cheese Quesadilla: Flour tortilla with mozzarella and cheddar cheeses \$5.95  
with chicken....\$9.45 with steak....\$9.75

## BURGERS

Quarter-Pound Burger: Served with lettuce, tomato, and potato chips \$8.35

Quarter-Pound Cheeseburger: Served with lettuce, tomato, your choice of cheese and potato chips \$8.59

Quarter-Pound Mushroom Swiss Burger: Served with lettuce, tomato, sautéed mushrooms, Swiss cheese, and potato chips \$8.65

Quarter-Pound Bacon Cheeseburger: Served with lettuce, tomato, fresh bacon, and potato chips \$9.45

Ultimate Cheeseburger: 10 oz. burger served with your choice of cheese, diced tomatoes, onions, green peppers, mushrooms, lettuce, and French Fries \$11.65

Double Burger: Two quarter-pound burgers with melted cheese, lettuce, tomato, & French Fries \$11.40

10 oz. Burger: Served with lettuce, tomato, and French Fries \$11.50

## SANDWICHES / WRAPS

 The Flame's Steak Sandwich: 12 oz. strip steak with grilled onions, lettuce, and tomato \$15.60

Reuben with a Twist: Corned beef, turkey, sauerkraut, and special dressing on marble rye \$8.99

 Turkey Provolone Melt: Fresh sliced turkey breast on deli marble rye with provolone cheese \$7.85

 French Dip: Oven-roasted beef with grilled onions & melted provolone cheese \$7.85

 Ultimate Cheese Steak Sandwich: Shaved Rib-eye steak, grilled and topped with diced tomatoes, onion, mushrooms, green peppers, and French Fries served on a hoagie bun \$9.25

Grilled Chicken Jack Sandwich: With Monterey Jack cheese, lettuce, tomato, onion, and ranch dressing \$8.30

Open-Faced Turkey Devonshire: Roast turkey breast on rye with tomato, bacon & cheese sauce \$9.25

 Philly Steak & Cheese: Shaved Rib-eye steak, with grilled onions and peppers on a hoagie bun \$8.69

Chicken Fajita Wrap: Grilled chicken breast wrapped with diced tomatoes, grilled onions, grilled peppers, lettuce, and cheese \$9.45

Steak Fajita Wrap: Grilled steak wrapped with diced tomatoes, grilled onions, grilled peppers, lettuce, and cheese \$9.75

Hot Turkey or Hot Roast Beef: Served with whipped potatoes and gravy \$8.39

Hot Hamburger: Served with whipped potatoes and gravy \$11.40

Signature Flame Club Sandwich: Turkey and ham, bacon & cheese on marble rye \$9.15

Club Sandwich: Turkey OR ham, bacon, and cheese on marble rye \$8.69

Chicken Club Sandwich: With cheese & bacon \$8.89

 BLT: Bacon, lettuce, and tomato on toast \$6.80

Grilled Cheese: Your choice of bread & cheese \$4.25



Also Available in a wrap!

## BEVERAGES

COFFEE -----	2.19
HOT TEA-----	2.09
MILK (2%)-----	2.39
CHOCOLATE MILK-----	2.85
JUICE-----SMALL 1.99---LARGE----	2.39
ORANGE, TOMATO, APPLE, CRANBERRY	
HOT CHOCOLATE-----	2.29
FOUNTAIN -----	2.19

PEPSI, DIET PEPSI,  
ROOT BEER, SPRITE, DR. PEPPER,  
MOUNTAIN DEW, GINGER ALE,  
LEMONADE, SWEET TEA,  
RASPBERRY ICED TEA, ICED TEA

## KID'S MENU

### BREAKFAST - \$3.49

**Egg Special:** one egg, sausage *or*  
bacon, and toast

**Pancakes:** two cakes with sausage  
*or* bacon

**French Toast:** two whole slices  
with sausage *or* bacon

### \$6.19 ENTREES

(Served with choice of one side)

Chicken Tenders (2)

Grilled Cheese

Hamburger

Hot Dog

½ Hot Turkey Sandwich  
with mashed potatoes & gravy

**MILK, JUICE, SOFT DRINKS - \$.99**

## MILKSHAKES & COOKIES

REGULAR MILKSHAKE.....	\$4.65
LARGE MILKSHAKE.....	\$5.65
GIANT COOKIE.....	\$2.50
CHOCOLATE CHIP OR OATMEAL RAISIN	



**FAMILY  
OWNED AND  
OPERATED  
SINCE 1956**

# DINNER

All dinners include dinner rolls and choice of two sides (listed below)

## APPETIZERS

SALTED PRETZEL -----	\$3.49
CINNAMON SUGAR-----	\$3.49
ONION RINGS-----	\$3.99

## LAND

NEW YORK STRIP STEAK-----	\$19.90
12 oz. strip steak, grilled to order	
ROAST TURKEY -----	\$10.80
Oven-roasted with our homemade stuffing and gravy	
GRILLED CHICKEN BREAST -----	\$11.45
Two 5oz. boneless breasts of chicken, plain or with BBQ sauce	
CHICKEN TENDERS (FOUR)-----	\$9.80
With choice of dipping sauce	
CHOPPED BEEF STEAK-----	\$12.60
10oz. beef steak, char-grilled	

We cannot be responsible for steaks ordered well done. Please allow extra preparation time for steaks.  
Thank you.

## LIGHTER APPETITES

Served with rolls, butter, and one side

GRILLED CHICKEN BREAST-----	\$9.45
One 5 oz. boneless & skinless chicken breast, grilled fresh	
HALF OF A HOT SANDWICH -----	\$6.99
Choice of freshly roasted turkey breast or roast beef with gravy and whipped potatoes	

## SIDES

\$2.69

*Apple Sauce, Cole Slaw,  
Cottage Cheese, French Fries,  
Whipped Potatoes, Home Fries,  
Hash Brown Patty,  
Shredded Hash Browns,  
Potato Pancakes, Tater Tots,  
Green Beans, Mixed Vegetables*



**We are available for events 7 days a week during and after normal business hours.**

**[www.blueflamerestaurant.com](http://www.blueflamerestaurant.com)**