

AVAILABLE 7 AM – 2 PM DAILY

Welcome to

The Blue Flame

Since 1956

*1360 Route 51 South
Jefferson Hills, PA 15025
Phone: 412-384-7861
Fax: 412-384-5555*

PRIVATE PARTIES

Business Meetings
Communions
Confirmations
Rehearsal Dinners
Baby Showers
Bridal Showers
Funeral Luncheons

Available during business
hours or any evening.

**BREAKFAST
SERVED
ANYTIME**



BREAKFAST

Served anytime

BREAKFAST SANDWICHES

***EGG BAGEL SANDWICH:** with cheese \$3.69

Add bacon, ham or sausage \$5.99

***HEARTY BREAKFAST WRAP:** Three scrambled eggs, meat, cheese & shredded hash browns rolled together in a wrap \$7.39

OMELETTES

Includes choice of potato and toast

(Hash brown patty, shredded hash browns, or home fries)

***CREATE YOUR OWN OMELETTE** ----- 6.79

Made with three large eggs

Filling choices: ----- \$0.90 each

American, Swiss, provolone, cheddar, pepper-jack, mushrooms, tomato, green pepper, shredded potatoes, spinach, onion, and broccoli

Meat choices: ----- \$1.10 each

diced ham, sausage, bacon

Steak:-----\$2.00

LIGHTER APPETITES

BOWL OF MIXED FRUIT \$2.89

OATMEAL: cooked fresh \$2.99

COLD CEREAL: with milk \$2.79

***ONE EGG AND TOAST** \$2.59

***TWO EGGS AND TOAST** \$3.59

***3 EGG OMELETTE:** plain, with toast \$4.79

SUBSTITUTIONS:

Egg beaters® are available for an additional 50¢ per egg.

Additional regular eggs are 90¢ per egg with any egg order.

SPECIALS

***PANCAKE SANDWICH:** Two eggs served between two buttermilk pancakes \$5.09

BISCUITS & GRAVY: Two buttermilk biscuits served with fresh sausage gravy \$6.49

BELGIAN WAFFLE, PLAIN: Served with powdered sugar \$5.79

BELGIAN WAFFLE: Served with choice of chocolate, cinnamon or peanut butter chips \$6.79

BELGIAN WAFFLE PLUS: Served with your choice of strawberries, bananas, blueberries, or hot cinnamon apples, topped with whipped cream \$7.29

*Flame's Original Breakfast

Two eggs, bacon or sausage, home fries or hash brown, & toast.

\$6.19

Weekday Special

Monday - Friday from **6 AM - 11 AM**

\$5.19

COMBOS

***LARGE COUNTRY COMBO:** Two pancakes, two eggs, bacon or sausage \$7.09

***WAFFLE COMBO:** Belgian waffle, two eggs, bacon or sausage \$7.29

***FRENCH TOAST COMBO:** Two slices of Texas French toast, two eggs, bacon or sausage \$6.89

***STEAK & EGGS:** 12-oz Steak with two eggs, any style with toast \$14.99

MORE BREAKFAST

Served anytime

FRENCH TOAST

TEXAS FRENCH TOAST: Three whole slices with powdered sugar \$5.19

RAISIN FRENCH TOAST: Three whole slices of raisin bread \$5.69

SOUR DOUGH FRENCH TOAST: Three whole slices of sour dough bread \$6.19

STUFFED FRENCH TOAST: Two whole slices, stuffed with choice of strawberry or cinnamon cream cheese, topped with strawberries and whipped cream \$6.19

PEACH BERRY FRENCH TOAST: Two whole slices covered with peaches and blueberries, topped with whipped cream \$6.19

HOT CAKES

PANCAKES: Three buttermilk cakes \$4.99

MULTIGRAIN PANCAKES \$5.89

BLUEBERRY PANCAKES: Three buttermilk cakes with blueberries baked inside \$6.09

STRAWBERRY BANANA CAKES: Three buttermilk cakes covered with strawberries and bananas \$6.29

APPLE PANCAKES: Two large pancakes wrapped around hot cinnamon apples \$6.09

BANANA NUT PANCAKES: Three large cakes with banana & walnuts baked inside \$6.89

PEANUT BUTTER CHIP PANCAKES \$6.09

CINNAMON CHIP PANCAKES \$6.09

CHOCOLATE CHIP PANCAKES: Three large cakes with chocolate chips baked inside \$6.09

EGGS

***VEGETARIAN SCRAMBLER:** Three fresh eggs scrambled with tomato, green pepper, onion, and potatoes \$7.49

***EGGS BENEDICT:** English muffin topped with poached eggs, ham & hollandaise sauce \$9.09

***LOW CARB BREAKFAST:** Three eggs with bacon and sausage \$8.19

 **EGG BEATERS, FRUIT & TOAST** \$7.09

SIDES

TOAST OR ENGLISH MUFFIN \$1.49

TOAST – SPECIALTY BREADS:
Marble rye, sourdough, raisin \$2.49

BAGEL WITH BUTTER AND JELLY \$1.69

BAGEL WITH CREAM CHEESE \$2.09

HASH BROWN PATTY \$2.49

SHREDDED HASH BROWNS \$2.49

POTATO CAKES \$2.49

HOME-FRIED POTATOES \$2.49

BACON \$3.49

SAUSAGE \$3.19

HAM \$3.19

*All weights are pre-cooked.

***CONSUMER ADVISORY:** Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food borne illness. Unless you specifically request otherwise, we will cook all food to the generally accepted minimum temperatures as specified by the US Food & Drug Administration.

Choice of syrup: Maple, Blueberry or Sugar-Free

FRESH SELECTS SOUP / SALAD / WRAPS

Soup du Jour: Ask your server for today's selections	
	\$2.49 cup / \$2.99 bowl
Char-Grilled Steak Salad: Garden salad topped with fries, grilled steak, and cheese	\$9.85
Grilled Chicken Salad: Garden salad topped with fries, grilled chicken, and cheese	\$9.50
Chicken Tender Salad: Garden salad topped with fries, chicken tenders, and cheese	\$9.70
Grilled Cajun Chicken Salad: Garden salad topped with fries, Cajun grilled chicken, and cheese	\$9.50
Chef Salad: Garden salad topped with turkey, ham, cheese, and hard-boiled eggs	\$7.19
Side Salad: House garden salad	\$2.79
Cheese Quesadilla: Flour tortilla with mozzarella and cheddar cheeses	\$5.40
with chicken....	\$8.19 with steak....
	\$8.45

BURGERS

Quarter-Pound Burger: Served with lettuce, tomato and potato chips	\$7.25
Quarter-Pound Cheeseburger: Served with lettuce, tomato, your choice of cheese and potato chips	\$7.45
Quarter-Pound Mushroom Swiss Burger: Served with lettuce, tomato, sautéed mushrooms, Swiss cheese and potato chips	\$7.50
Quarter-Pound Bacon Cheeseburger: Served with lettuce, tomato, fresh bacon, and potato chips	\$8.19
Ultimate Cheeseburger: 10 oz. burger served with your choice of cheese, diced tomatoes, onions, green peppers, mushrooms, lettuce, and French Fries	\$9.99
Double Burger: Two quarter-pound burgers with melted cheese, lettuce, tomato, & French Fries	\$9.89
10 oz. Burger: Served with lettuce, tomato and French Fries	\$9.99

SANDWICHES/WRAPPS

The Flame's Steak Sandwich: 12 oz. strip steak with grilled onions, lettuce and tomato	\$13.49
The Flame's Fish Sandwich: Hand breaded and served on a fresh hoagie bun	\$8.99
Reuben with a Twist: Corned beef, turkey, sauerkraut, and special dressing on marble rye	\$7.75
Turkey Provolone Melt: Fresh sliced turkey breast on deli marble rye with provolone cheese	\$6.75
French Dip: Oven-roasted beef with grilled onions & melted provolone cheese	\$6.69
Ultimate Cheese Steak Sandwich: Shaved Rib-eye steak, grilled and topped with diced tomatoes, onion, mushrooms, green peppers and French Fries served on a hoagie bun	\$7.99
Grilled Chicken Jack Sandwich: With Monterey Jack cheese, lettuce, tomato, onion, and ranch dressing	\$7.19
Open-Faced Turkey Devonshire: Roast turkey breast on rye with tomato, bacon & cheese sauce	\$7.99
Philly Steak & Cheese: Shaved Rib-eye steak, with grilled onions and peppers on a hoagie bun	\$7.49
Chicken Fajita Wrap: Grilled chicken breast wrapped with diced tomatoes, grilled onions, grilled peppers, lettuce, and cheese	\$8.19
Steak Fajita Wrap: Grilled steak wrapped with diced tomatoes, grilled onions, grilled peppers, lettuce, and cheese	\$8.45
Hot Turkey or Hot Roast Beef: Served with whipped potatoes and gravy	\$7.29
Hot Hamburger: Served with whipped potatoes and gravy	\$9.49
Signature Flame Club Sandwich: Turkey and ham, bacon & cheese on marble rye	\$7.89
Club Sandwich: Turkey OR ham, bacon and cheese on marble rye	\$7.49
Chicken Club Sandwich: With cheese and bacon	\$7.69
BLT: Bacon, lettuce and tomato on toast	\$5.89
Grilled Cheese: Your choice of bread & cheese	\$4.25

DINNER

All dinners include dinner rolls and choice of two sides (listed below)

APPETIZERS

SALTED PRETZEL -----	\$3.49
CINNAMON SUGAR -----	\$3.49
ONION RINGS -----	\$3.99
MAC & CHEESE BITES (6) -----	\$3.99

SEA

GIANT FRIED FISH DINNER -----	\$12.39
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LIGHTER APPETITES

Served with rolls, butter, and one side

LAND

NEW YORK STRIP STEAK -----	\$17.19
12 oz. strip steak, grilled to order	
ROAST TURKEY -----	\$9.19
Oven-roasted with our homemade stuffing and gravy	
GRILLED CHICKEN BREAST -----	\$9.89
Two 5oz. boneless breast of chicken, plain or with BBQ sauce	
CHICKEN TENDERS, FOUR -----	\$8.50
With choice of dipping sauce	
CHOPPED BEEF STEAK -----	\$9.99
10oz. beef steak, char-grilled	

GRILLED CHICKEN BREAST -----	\$8.19
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One 5 oz. boneless skinless breast, grilled fresh

½ HOT SANDWICH -----	\$5.99
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Choice of freshly roasted turkey breast or roast beef with gravy and whipped potatoes

SIDES

\$2.49

*Apple Sauce, Cole Slaw,
Cottage Cheese, French Fries,
Whipped Potatoes, Home Fries,
Hash Brown Patty,
Shredded Hash Browns,
Potato Pancakes, Tater Tots,
Green Beans, Mixed Vegetables*

We cannot be responsible for steaks ordered well done. Please allow extra preparation time for steaks. Thank you.



CONTACT US FOR BOOKING PRIVATE EVENTS!

**WE ARE AVAILABLE FOR EVENTS 7 DAYS A WEEK
DURING AND AFTER NORMAL BUSINESS HOURS.**

WWW.BLUEFLAMERESTAURANT.COM

BEVERAGES

COFFEE -----	1.99
HOT TEA-----	1.89
MILK (2%)-----	2.19
MILK (CHOCOLATE) -----	2.59
JUICE-----SMALL 1.79----LARGE ----	2.19
ORANGE, TOMATO, APPLE, CRANBERRY	
HOT CHOCOLATE -----	2.09
FOUNTAIN-----	1.99

PEPSI, DIET PEPSI, CHERRY PEPSI,
ROOT BEER, SPRITE, DR. PEPPER,
MOUNTAIN DEW, GINGER ALE,
LEMONADE, SWEET TEA,
RASPBERRY ICED TEA, ICED TEA

KID'S MENU

BREAKFAST - \$3.49

Egg Special: one egg, sausage *or*
bacon, and toast

Pancakes: two cakes with sausage
or bacon

French Toast: two whole slices
with sausage or bacon

\$6.19 ENTREES

(served with choice of one side)

Chicken Tenders (2)

Grilled Cheese

Hamburger

Hot Dog

½ Hot Turkey Sandwich
with mashed potatoes & gravy

MILK, JUICE, SOFT DRINKS - \$.99



**FAMILY OWNED
AND OPERATED
SINCE 1956**

WINE

by the glass

\$5.00



BEER

in chilled bottles

\$3.75