

BREAKFAST

Served anytime

BREAKFAST SANDWICHES

***EGG BAGEL SANDWICH:** with cheese \$4.90

Add bacon, or ham, or sausage \$7.69

***HEARTY BREAKFAST WRAP:** Three scrambled eggs, meat, cheese & shredded hash browns rolled together in a wrap \$10.90

OMELETTES

Includes choice of potato and toast

(Hash brown patty, shredded hash browns, or home fries)

***CREATE YOUR OWN OMELETTE** ----- \$9.00

Made with three large eggs

Filling choices: ----- \$1.10 each

American, Swiss, provolone, cheddar, pepper-jack, mushrooms, tomato, green pepper, shredded potatoes, spinach, onion, and broccoli

Meat choices: ----- \$1.30 each

diced ham, sausage, bacon

Steak ----- \$2.30

LIGHTER APPETITES

BOWL OF MIXED FRUIT \$3.50

OATMEAL: cooked fresh \$3.60

***ONE EGG AND TOAST** \$3.59

***TWO EGGS AND TOAST** \$4.85

***3 EGG OMELETTE:** plain, with toast \$6.35

SUBSTITUTIONS:

Egg beaters® are available for an additional \$1.05 per egg.

Additional regular eggs are \$1.30 per egg *with any egg order.*

SPECIALS

***PANCAKE SANDWICH:** Two eggs served between two buttermilk pancakes \$6.50

BISCUITS & GRAVY: Two buttermilk biscuits served with fresh sausage gravy \$9.75

BELGIAN WAFFLE, PLAIN: Served with powdered sugar \$7.75

BELGIAN WAFFLE: Served with choice of chocolate, cinnamon or peanut butter chips \$8.90

BELGIAN WAFFLE PLUS: Served with your choice of strawberries, bananas, blueberries, or hot cinnamon apples, topped with whipped cream \$9.55

*Flame's Original Breakfast

Two eggs, bacon or sausage, home fries or hash brown, & toast.

\$7.65

Weekday Special

Monday - Friday from 6 AM - 11 AM

\$6.55

COMBOS

***LARGE COUNTRY COMBO:** Two pancakes, two eggs, bacon or sausage \$9.00

***WAFFLE COMBO:** Belgian waffle, two eggs, bacon or sausage \$9.55

***FRENCH TOAST COMBO:** Two slices of Texas French toast, two eggs, bacon or sausage \$8.79

***STEAK & EGGS:** 12-oz Steak with two eggs, any style with toast \$19.70

MORE BREAKFAST

Served anytime

FRENCH TOAST

TEXAS FRENCH TOAST: Three whole slices with powdered sugar \$6.59

RAISIN FRENCH TOAST: Three whole slices of raisin bread \$7.25

SOUR DOUGH FRENCH TOAST: Three whole slices of sour dough bread \$8.40

STUFFED FRENCH TOAST: Two whole slices, stuffed with choice of strawberry, banana, or cinnamon cream cheese, topped with strawberries and whipped cream \$8.40

PEACH BERRY FRENCH TOAST: Two whole slices covered with peaches and blueberries, topped with whipped cream \$8.40

HOT CAKES

PANCAKES: Three buttermilk cakes \$6.35

BUCKWHEAT PANCAKES \$7.50

BLUEBERRY PANCAKES: Three buttermilk cakes with blueberries baked inside \$7.70

STRAWBERRY BANANA CAKES: Three buttermilk cakes covered with strawberries and bananas \$7.95

APPLE PANCAKES: Two large pancakes wrapped around hot cinnamon apples \$7.70

BANANA NUT PANCAKES: Three large cakes with banana & walnuts baked inside \$8.79

PEANUT BUTTER CHIP PANCAKES \$7.70

CINNAMON CHIP PANCAKES \$7.70

CHOCOLATE CHIP PANCAKES: Three large cakes with chocolate chips baked inside \$7.70

EGGS

***VEGETARIAN SCRAMBLER:** Three fresh eggs scrambled with tomato, green pepper, onion, and potatoes \$11.25

***EGGS BENEDICT:** English muffin topped with poached eggs, ham & hollandaise sauce \$13.99

***LOW CARB BREAKFAST:** Three eggs with bacon and sausage \$10.80

 **EGG BEATERS, FRUIT & TOAST** \$9.90

SIDES

TOAST OR ENGLISH MUFFIN \$1.96

TOAST – SPECIALTY BREADS:

Marble rye, sourdough, raisin \$3.29

BAGEL WITH BUTTER AND JELLY \$2.50

BAGEL WITH CREAM CHEESE \$2.95

HASH BROWN PATTY \$3.15

SHREDDED HASH BROWNS \$3.15

POTATO CAKES \$3.15

HOME-FRIED POTATOES \$3.15

BACON \$4.50

SAUSAGE \$4.05

HAM \$4.05

*All weights are pre-cooked.

***CONSUMER ADVISORY:** Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food borne illness. Unless you specifically request otherwise, we will cook all food to the generally accepted minimum temperatures as specified by the US Food & Drug Administration.

Choice of syrup: Maple, Blueberry or Sugar-Free